

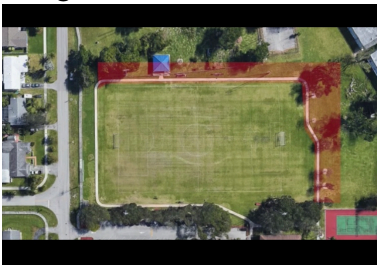


# CUTLER RIDGE SOCCER CLUB

## Return to Practice Guidelines

- No signs or symptoms of COVID-19 in the past 14 days. If a person has had a documented case of the COVID-19 infection, a doctor's note is needed to clear to participate in tryout sessions
- Live in the community where the tryouts are occurring and have not traveled for 14 days prior to the start of tryouts
- Maintain normal temperature readings; temperature checks will be conducted by staff members prior to any coach or player stepping on the field.
- Coaches & staff will ask each athlete if they are experiencing any signs or symptoms of COVID-19. If the athlete shows any signs or symptoms of infection, they will be sent home and asked to contact a healthcare provider
- Hand Sanitizer Stations will be available on each field.

- Small group tryout sessions will take place outside in an area where social distancing can be maintained. Groups will be 10 people or less
- All soccer activities will be staggered/spaced out to limit interactions between other athletes (Minimum 15 minutes)
- Athletes and coaches will use their own equipment and properly sanitize all equipment after every session.
- Coaches and staff will wear masks and maintain social distancing from all athletes
- All spectators will be asked to remain in their car. Spectators that choose to be on the field will be asked to wait in a designated area and will be required to wear a face mask.



**Spectator Viewing on MVF**



**Spectator Viewing on CRP**

- Separate and clear check-in stations will be labeled with markers to ensure social distancing requirements
- No physical contact between players is permitted